I Claim:

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- 1. A suspension device, comprising:
- a main member;
- a support member extending from the main member and having a first interference fit with a container;
- a wall member extending from the support member and having a second interference fit with the container;

wherein the first interference fit is capable of resisting relative movement of the suspension device and the container in a first direction and the second interference fit is capable of resisting relative movement of the suspension device and container in a second direction transverse to the first direction; and

wherein the suspension device is capable of exerting a non-zero variable resistance force on the container.

- 2. The suspension device of claim 1, wherein the main member includes at least one mounting hole.
- 3. The suspension device of claim 2, wherein the mounting hole(s) is adapted to accept fasteners.
- 4. The suspension device of claim 1, wherein the support member is integral with the main member.
- 5. The suspension device of claim 1, wherein the wall member is integral with the support member.
 - 6. The suspension device of claim 1, wherein the support member includes a curved main portion and end portions.

- 7. The suspension device of claim 6, wherein a first opening is defined between the two end portions.
- 8. The suspension device of claim 7, wherein the width of the first opening is defined by the shortest distance between the end portions.
- 9. The suspension device of claim 6, wherein the end portions define a chord having a length.
- 10. The suspension device of claim 9, wherein the container is circular in shape and has a diameter and wherein the diameter of the container is greater than the length of the chord.
- 11. The suspension device of claim 1, wherein the wall member includes an inner periphery defining a second opening.
 - 12. The suspension device of claim 1, in combination with a container.
 - 13. The suspension device of claim 12, wherein a lid is disposed on the container.
 - 14. The suspension device of claim 13, wherein the main member includes an inner periphery defining a third opening therein and wherein the lid is disposed adjacent the third opening.
 - 15. The suspension device of claim 13, wherein the lid is disposed in a cavity formed by the main member, the support member, and the wall member.
 - 16. The suspension device of claim 13, wherein the lid includes a tab.

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- 17. The suspension device of claim 12, wherein the container includes a peripheral rim.
- 18. The suspension device of claim 17, wherein the peripheral rim interferes with the wall member to support the container.

- 19. The suspension device of claim 18, wherein the peripheral rim is disposed on the wall member.
- 10 20. The suspension device of claim 1, wherein the suspension device includes a plate member that is an extension of the main member.
 - 21. The suspension device of claim 20, wherein the plate member includes double-sided adhesive tape on a top surface thereof for attachment to a surface.

22. A suspension device, comprising:

a main member;

first means extending from the main member and having a first interference fit; second means extending from the first means and having a second interference fit; wherein the first interference fit is capable of resisting relative movement of the suspension device and the container in a first direction and the second interference fit is capable of resisting relative movement of the suspension device and container in a second direction transverse to the first direction; and

third means for establishing a resistance force that increases during insertion and removal of the container from the suspension device.

- 23. The suspension device of claim 22, further comprising at least one mounting hole.
- 15 24. The suspension device of claim 22, further comprising a first and a second opening wherein the first opening has a width greater than a width of the second opening.
 - 25. The suspension device of claim 22, further comprising a horseshoe shape.

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26. A combination, comprising:

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a suspension device including a main member, a support member extending from the main member, and a wall member extending from the support member, the support member and wall member defining a cavity bounded by first and second openings; and

a container, wherein the support member and wall member define interference fits with the container and wherein the container experiences a resistance force that increases during insertion and removal from the suspension device.

- 27. The combination of claim 26, wherein the main member includes at least one mounting hole.
 - 28. The combination of claim 26, wherein a lid is disposed on the container.
- 29. The combination of claim 28, wherein the main member includes a third opening therein and wherein the lid is disposed adjacent the third opening.
 - 30. The combination of claim 28, wherein the lid is disposed in the cavity formed by the main member and the support member and the wall member.
 - 31. The combination of claim 28, wherein the lid includes a tab.
 - 32. The combination of claim 26, wherein the container includes a peripheral rim.
 - 33. The combination of claim 32, wherein the rim is disposed on the wall member.
 - 34. The combination of claim 26, wherein the support member includes a curved main portion and end portions.

35.	The combination of claim 34, wherein a first opening is defined between
the two end p	portions.

- 36. The combination of claim 35, wherein the width of the first opening is defined by the shortest distance between the end portions.
- 37. The combination of claim 35, wherein the end portions define a chord having a length.

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38. The combination of claim 37, wherein the container is circular in shape and has a diameter and wherein the diameter of the container is greater than the length of the chord.

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- 39. The combination of claim 26, wherein the suspension device includes a plate member that is an extension of the main member.
- 40. The combination of claim 39, wherein the plate member includes double-sided adhesive tape on a top surface thereof for attachment to a surface.

41. A one-piece suspension device, comprising:

a main member;

support members extending from the main member and having a first interference fit;

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wall members extending from the support members and having a second interference fit;

wherein the first interference fit is capable of resisting relative movement of an object contained therein in a first direction and the second interference fit is capable of resisting relative movement of the object contained therein in a second direction transverse to the first direction;

an opening defined by the main member, the support members, and the wall members; and

wherein the wall members defining the opening include interference members to retain the object contained therein.

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- 42. The suspension device of claim 41, wherein the main member includes at least one mounting hole.
- 43. The suspension device of claim 42, wherein the mounting hole(s) is adapted to accept fasteners.
 - 44. The suspension device of claim 42, wherein the object contained therein is a container.
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- 45. The suspension device of claim 44, wherein a lid is disposed on the container.

- 46. The suspension device of claim 44, wherein a peripheral rim and the lid of the container are disposed in a cavity formed by the main member, the support members, and the wall members.
- 5 47. The suspension device of claim 46, wherein the peripheral rim interferes with the wall members to support the container.
 - 48. The suspension device of claim 44, wherein the lid includes a tab.
- The suspension device of claim 44, wherein the main member is square-shaped.

- 50. The suspension device of claim 41, wherein the suspension device includes a plate member that is an extension of the main member.
- 51. The suspension device of claim 50, wherein the plate member includes double-sided adhesive tape on a top surface thereof for attachment to a surface.

52. A suspension device, comprising:

a main member;

support members extending from the main member and having a first interference fit;

5 wall members extending from the support members and having a second interference fit;

wherein the first interference fit is capable of resisting relative movement of an object contained therein in a first direction and the second interference fit is capable of resisting relative movement of the object contained therein in a second direction transverse to the first direction;

wherein the main member, the support members, and the wall members are formed integrally;

an opening defined by the main member, the support members, and the wall members; and

wherein the wall members defining the opening include interference members to retain the object contained therein.

- 53. The suspension device of claim 52, wherein the main member includes at least one mounting hole.
- 54. The suspension device of claim 53, wherein the mounting hole(s) is adapted to accept fasteners.
- 55. The suspension device of claim 53, wherein the object contained therein is a container.
- 56. The suspension device of claim 55, wherein a lid is disposed on the container.

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- 57. The suspension device of claim 56, wherein a peripheral rim and the lid of the container are disposed in a cavity formed by the main member, the support members, and the wall members.
- 5 58. The suspension device of claim 57, wherein the peripheral rim interferes with the wall members to support the container.
 - 59. The suspension device of claim 56, wherein the lid includes a tab.
- 10 60. The suspension device of claim 52, wherein the main member is square-shaped.

- 61. The suspension device of claim 52, wherein the suspension device includes a plate member that is an extension of the main member.
- 62. The suspension device of claim 61, wherein the plate member includes double-sided adhesive tape on a top surface thereof for attachment to a surface.

63. A combination, comprising:

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a suspension device including a main member, support members extending from the main member, and wall members extending from the support members, the support members and the wall members defining a cavity and wherein the main member, the support members, and the wall members are formed integrally; and

a container, wherein the support members and the wall members define interference fits with the container.

- 64. The combination of claim 63, wherein the main member includes at least one mounting hole.
 - 65. The combination of claim 63, wherein a lid is disposed on the container.
 - 66. The combination of claim 65, wherein the lid is disposed in the cavity formed by the main member, the support members and the wall members.
 - 67. The combination of claim 65, wherein the lid includes a tab.
- 68. The combination of claim 63, wherein the container includes a peripheral rim.
 - 69. The combination of claim 68, wherein the rim is disposed on the wall members.
 - 70. The combination of claim 63, wherein the suspension device is square-shaped.
 - 71. The combination of claim 63, wherein the suspension device includes a plate member that is an extension of the main member.

72. The combination of claim 71, wherein the plate member includes double-sided adhesive tape on a top surface thereof for attachment to a surface.

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- 73. A method of suspending an object, the method comprising the steps of: providing a suspension device; attaching the suspension device to a surface; and inserting an object into the suspension device to hang the object therefrom; wherein the suspension device is capable of exerting a non-zero variable resistance force on the object during insertion of the object.
 - 74. The method of claim 73, wherein the object is a container.
- 75. The method of claim 73, wherein the suspension device is capable of exerting a non-zero variable resistance force on the object during removal of the object.
 - 76. The method of claim 73, wherein the attaching step includes the step of securing the suspension device with at least one fastener.
- The method of claim 73, wherein the attaching step includes the step of securing the suspension device with double-sided adhesive tape.

78. A method of suspending a container, the method comprising the steps of: providing a one-piece suspension device having a base member, at least one support member extending from the base member, and at least one wall member extending from the support member(s);

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attaching the suspension device to a surface; and inserting a container into the suspension device.

79. The method of claim 78, wherein the inserting step includes the step of lifting the container over interference members located on the support member(s).

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- 80. The method of claim 78, wherein the suspension device is capable of exerting a non-zero variable resistance on the container during insertion of the container.
- 81. The method of claim 80, wherein the suspension device is capable of exerting a non-zero variable resistance on the container during removal of the container.
 - 82. The method of claim 78, wherein the attaching step includes the step of securing the suspension device with at least one fastener.

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83. The method of claim 78, wherein the attaching step includes the step of securing the suspension device with double-sided adhesive tape.